

DRAGON SOCIETY INTERNATIONAL

GREEN BELT RANK REQUIREMENTS

14th Kyu Yellow Belt

Past Material, Front-side-back kicks,
DSI Techniques 11 & 12
Tori Kata III, Combination Kicks

13th Kyu Yellow Belt

Improvement in all Past Material,
DSI Techniques 13 & 14, Sparring

12th Kyu Yellow Belt

Past Material, Techniques 15 & 16,
Crescent- Side Kick,
Breathing Techniques

11th Kyu Yellow Belt

Past Material, Sanchin Kata
Techniques 17 & 18, Sparring
Fake Front Kick

10th Kyu Green Belt

Past Material, Techniques 19 & 20,
Sparring (2 opponents), History and
Philosophy

Training Materials Needed:

Torite Jutsu Manual
50 Technique DVD
50 Technique Manual
DSI Kata DVD
F.O.R.C.E. Training Program
5 Element QiQong