

DRAGON SOCIETY INTERNATIONAL

YELLOW BELT RANK REQUIREMENTS

RANK	REQUIREMENTS
20th Kyu White Belt	Dojo Rules, Regulations and Courtesies
19th Kyu White Belt	Past Material, Chest Block, Head Block, Down Block, Front Stance, Crescent Walk, Straight Punch DSI Techniques 1 & 2
18th Kyu White Belt	Past Material, Brush, Grab Strike, Reverse Punch, Taikyukyo #1, Back Stance, DSI Technique 3 & 4
17th Kyu White Belt	Past Material, Hammer fist, Cat Stance, DSI Techniques 5 & 6 Taikyukyo #2
16th Kyu White Belt	Past Material, Shuto Strike, Horse Stance, Seisan Stance, Roundhouse Kick, DSI Techniques 7 & 8 Gekisai Dai Ichi
15th Kyu Yellow Belt	Past Material, Spear Hand Strike, Crescent Kick, Forward and Back Rols, Techniques 9 & 10, Gekisai Dai Ni, Kumite (Sparring, 1 opponent) Tameshwari (board breaking)

Training Materials Needed:

Torite Jutsu Manual
50 Technique DVD
50 Technique Manual
DSI Kata DVD
F.O.R.C.E. Training Program